

Student Health Requirements for 2025-2026 School Year

*Please submit to the school office on or before August 12th, 2025. Students will NOT be able to attend school after October 15th, 2025 until required information is received (physicals & vision exams).

***Students new to Costa must provide a birth certificate, physical exam with updated immunization records and a vision exam.**

Requirements by Grade Level

Preschool Students:

- Physical Exam
 - Lead Risk must be completed on form by physician
 - Health History must be signed by parent/guardian and verified by health provider
- Complete updated immunization record signed by a doctor
- Birth Certificate

Kindergarten Students:

- Physical Exam
 - Lead Risk must be completed on form by physician
 - Health History must be signed by parent/guardian and verified by health provider
- Complete updated immunization record signed by a doctor
- Eye Exam on IL form dated within one year of August 12th, 2025
- Dental Exam on IL form **due no later than May 15, 2026** (dated within 18 months of May 15th deadline).

Second Grade Students:

- Dental Exam on IL form **due no later than May 15, 2026** (dated within 18 months of May 15th deadline).

Sixth Grade Students:

- Physical Exam (**Sports physical not acceptable**)
 - Lead risk must be completed on form by physician
 - Health History must be signed by parent/guardian and verified by health provider
- Complete updated immunization record signed by a doctor
- Dental Exam on IL form **due no later than May 15, 2026** (dated within 18 months of May 15th deadline)

Sports Physicals:

- If your child will be participating in sports, they must have a sports physical on file prior to the season's first practice. The required 6th Grade physical exam covers sports participation for one year.