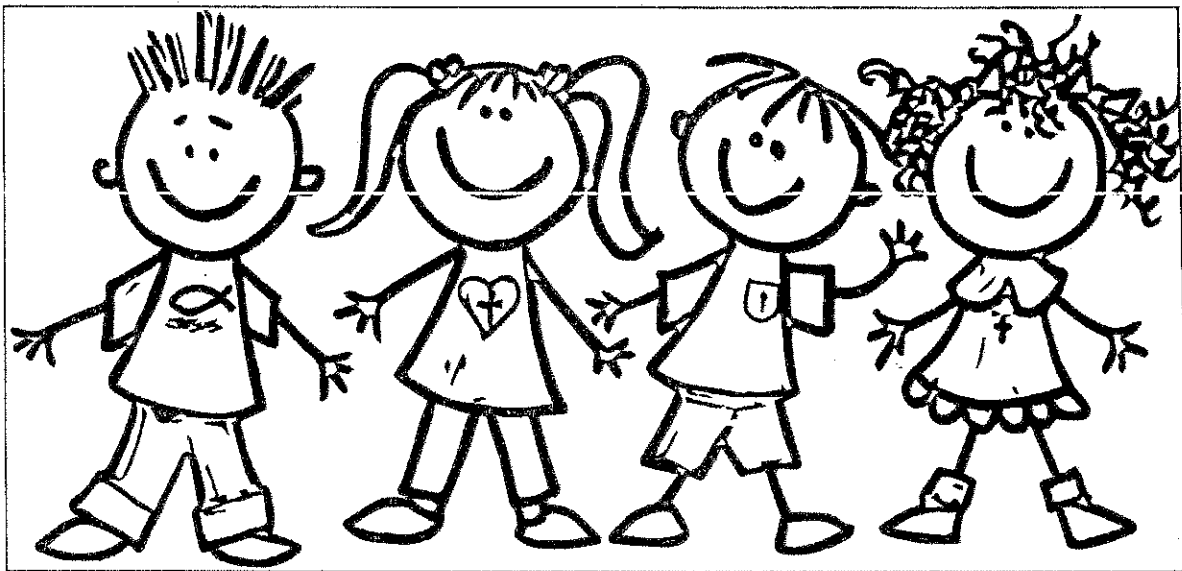


Tracy Owen

Costa Catholic Academy Preschool Teacher



Mission Statement

Tracy Owen

My primary role as a preschool teacher is to provide a fun, positive environment for children to learn through play, experiences, and hands-on activities. I want to provide a safe place for them to discover, explore, and learn to feel comfortable with who they are. I want to help them find their unique gifts that God has given them and to feel loved.

In my classroom I have themed weeks that are filled in with letter and number recognition. I am teaching colors and shapes as well as name recognition.

We do many hands-on activities that are centered around the theme of the week. We go outside to learn as much as we can. I also believe that indoor playtime is an important part of the learning experience for our students.

We are learning manners, including how to stay in line, how to share and how to take turns. We are learning about our emotions and to identify them so that we can more effectively express ourselves.

My favorite part of teaching preschool at Costa is to be able to talk about Jesus, pray and sing songs to honor and praise him.

7 Signs Your Child is Ready for Preschool

Preschool Readiness

1. Follow simple directions
2. Can handle being away from parents for short periods of time
3. Can focus on a task
4. They want to play with other kids
5. Basic self-care skills
6. Potty trained
7. Know what to expect in the classroom

*Ashley Brooks 5/09/17 Rasmussen University

Preschool is for children between the ages of 3-5 and typically follows a traditional school schedule with a focus on Kindergarten preparedness.

Nap/Rest

Programs longer than 4 hours must offer a naptime of at least 1 hour. Naps should be offered at the same time each day. Ones not napping should be offered an opportunity to relax or have quiet activities.

*Isbe.netblog.

*mybrightwheel .com

READY-FOR-SCHOOL CHECKLIST

The following checklist, although not exhaustive, can help to guide you as you prepare your child for school. It's best to look at the items on the list as goals toward which to aim. They should be accomplished, as much as possible, through everyday routines or by enjoyable activities that you've planned with your child. If your child lags behind in some areas, don't worry. Remember that children grow and develop at different rates.

Good Health and Physical Well-Being

My child:

- Eats a balanced diet
- Gets plenty of rest
- Receives regular medical and dental care
- Has had all the necessary immunizations
- Runs, jumps, plays outdoors and does other activities that help develop his large muscles and provide exercise
- Works puzzles, scribbles, colors, paints and does other activities that help develop her small muscles

Social and Emotional Preparation

My child:

- Is learning to explore and try new things
- Is learning to work well alone and to do many tasks for himself
- Has many opportunities to be with other children and is learning to cooperate with them
- Is curious and is motivated to learn
- Is learning to finish tasks
- Is learning to use self-control
- Can follow simple instructions
- Helps with family chores

Language and General Knowledge

My child:

- Has many opportunities to talk and listen
- Is read to every day
- Has access to books and other reading materials
- Is learning about print and books
- Has his television viewing monitored by an adult
- Is encouraged to ask questions
- Is encouraged to solve problems
- Has opportunities to notice similarities and differences
- Is encouraged to sort and classify things
- Is learning to write her name and address
- Is learning to count and plays counting games
- Is learning to identify and name shapes and colors
- Has opportunities to draw, listen to and make music and to dance
- Has opportunities to get first-hand experiences to do things in the world — to see and touch objects, hear new sounds, smell and taste foods and watch things move