

## Things to work on before your child goes to Pre-K:

- It's important to read to your child so that they get used to sitting and listening.
- Teach them about their emotions and how to express those feelings to their teacher and friends, and tools to help them with those hard emotions
- Teach them self sufficiency- when they need help teach them, but then make them do it. Have them put on their coat or sweatshirt and zip it by themselves, how to use the bathroom on their own, how to open their lunchbox and containers.
- When to say please, thank you, and no thank you.

## Things we focus on in Pre-K:

Getting along with others, Cutting gluing, writing name, counting, alphabet & number recognition, story time, picture reading, nature exploration, gross motor.

## Mrs. Allison & Mrs. Hansen (aide)

