

Costa Catholic Academy Hot Lunch Menu - September 2026

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Pope Leo XIV Prayer Intention for September: For the care of water. Let us pray for a just and sustainable management of water, a vital resource, so that everyone can have equal access to it.

SUN	MON	TUES	WED	THURS	FRI	SAT
May God Bless all of our Families this year!		1 Taco in a Bag Contains Soy Cooked Carrots Refried Beans Diced Pears Gluten Free Meal	2 Beef Hot Dog on a Bun Contains Wheat Baked Beans Sweet Potato Fries Contains: Soy Diced Peaches	3 Popcorn Chicken Contains Wheat, Soy Mashed Potatoes w/gravy Contains Milk, Wheat Steamed Broccoli Fresh Orange	4 Grilled Cheese Sandwich Contains Wheat, Milk Tomato Soup Celery Sticks Fresh Apple	5 
6 	7 No School Happy Labor Day 	8 Spaghetti with Meat Sauce Contains Wheat, Soy Garlic Toast Contains Wheat, Soy Green Beans Pineapple Tidbits	9 Baked Chicken With riced Cauliflower Broccoli w/dip* Corn Chips Grapes Gluten Free Meal	10 Beef Taco Contains Wheat, Soy Corn Pepper Strips Diced Peaches	11 Fish Sandwich Contains Wheat, Milk Sweet Potato Fries Contains Soy Mixed Vegetables Applesauce	12
13 Pray the Rosary 	14 Cheeseburger on a Bun Contains Wheat & Soy Tater Tots Contains Soy Broccoli w/dip Kiwi	15 Beef Nachos Contains Milk, Soy Corn Pepper Strips Fresh Orange Gluten Free Meal	16 Biscuits & Gravy Contains Milk, Wheat, Soy Carrot Sticks w/dip* Peas Blueberries	17 Breaded Chicken Patty on a Bun Contains Wheat, Soy Oven Fries Mixed Vegetables Applesauce	18 Cheese Pizza Contains Wheat, Milk Celery Sticks Green Beans Mixed Fruit	19 
20	21 Maid Rite on a Bun Contains Wheat Sweet Potato Fries Contains: Soy Cucumber Slices Pineapple Tidbits	22 French Toast Sticks Contains Wheat, Soy Sausage Links Hash Brown Contains: Soy Carrot Sticks Tropical Fruit	23 Cheesy Corn & Chicken Bake Contains Eggs, Soy Milk, Whey Steamed Broccoli Mandarin Oranges Gluten Free Meal	24 Pepperoni Pizza Contains Wheat, Milk Cooked Carrots Celery Sticks w/dip* Banana	25 Bosco Sticks Contains Wheat, Milk Broccoli w/dip* Corn Fresh Apple	26
27 	28 Cowboy Cavatini Contains Wheat Garlic Toast Contains Wheat, Soy Green Beans Diced Peaches	29 Turkey & Cheese on a Bun Contains Wheat, Milk Chips Cucumber Slices Steamed Broccoli Fresh Orange	30 Chicken & Rice w/queso sauce Contains Milk, Soy Carrot Sticks w/dip* Peas Strawberry Cup Gluten Free Meal		*Ranch Dip for vegetables contains Milk, Soy	All meals are served with half pint of 1% chocolate, whole white milk or 100 % fruit juice.